

Love 2 Walk

August to September 2011

Day	Time	Start location	Class	
Monday	11am - 12pm	Richard Price Centre	Nordic walk	50p
	11am - 12pm	Sheep Sales, Blackmill	Nordic walk	50p
	5.45 - 6.45pm	Bridgend Explorer	Nordic walk	Free
Tuesday	9.15 - 9.45am	Garw Valley Leisure Centre	Social strollers	Free
	12pm	Various Bridgend walks	Walk	Free
	2.30 - 3.30pm	Evanstown Community Centre	Nordic walk	50p
	4.30 - 5.30pm	Kenfig Nature Reserve	Nordic walk	Free
Wednesday	9.15 - 10am	Ogmore Valley Life Centre	Social Stroller	Free
	11am - 12pm	Lewistown TRA	Nordic walk	50p
	1 - 2pm	Newbridge Fields	Nordic walk	Free
	5.30 - 6.30pm	Bridgend Explorer	Nordic walk / walk	Free
Thursday	10.30 - 11.30am	Garw Valley Leisure Centre	Nordic walk	50p
	12.30 - 1.30pm	Newbrige Fields	Nordic walk	Free
	5 - 6pm	Ogmore Valley Life Centre	Social strollers	50p
Friday	5 - 6pm	Ogmore Valley Life Centre	Nordic walk	50p
Saturday	10 - 11am	Brackla Community Centre	Nordic walk	Free



If you wish to join any of the above classes,
please contact Stuart Martin on : 07967459162

www.bridgend.gov.uk/leisure

